

Aftermath Trauma Debrief Program

The Need

The process of debrief after a traumatic event is one of the most important activities that you could offer when supporting staff.



The Benefits

Recognition and a safe space to explore situations can be extremely beneficial to a person. Being able to talk about feelings without fear of judgment can help with processing of a traumatic event.

The Process

Our trained practitioners are able to show you how to develop a debrief process in your organisation which will empower your staff to be able to open up and have difficult conversations.

For more information
on how we can be of
service, get in touch.

Contact our team on
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Email us on
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ABC life support